

Risk Assessment

NOTE: Before completing a risk assessment please read the guidance notes document.



Date:	28/11/23
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Assessor's Name:	Linda Pooley	Review Date:	Reviewed 11.01.25
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Description of Assessment:	Paddleability Days / Club Sessions
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Location Details:	Ladyburn Lake, Druridge Bay Country Park
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What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Drowning	Participants and volunteers	Wear correctly fitting B.A.s or life jackets at all times. A qualified member of staff will instruct the activity.	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Medical emergencies	Participants	A first aider must be available at all times. If a participant has a medical emergency during the activity First Aid will be performed and transfer to land made asap, where an event organiser First Aider will act appropriately to the emergency Staff/volunteers should hold the appropriate driving licence and have been assessed as competent to drive.	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Participant becoming distressed	Participants	Carers must be trained and experienced in dealing with the participants who are taking part in the activity	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	

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Hypothermia	Participants, staff and volunteers	Dress appropriately for conditions – waterproof clothing provided when necessary	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Waterborne diseases	Participants	Participants encouraged not to drink the water from the lake while accessing the activity and to wash hands afterwards.	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Falling injuries	Participants staff and volunteers	<p>Make people aware of slippery bank, slipway etc. Ask them to stay away from the slippery banks.</p> <p>Wear appropriate footwear</p> <p>Staff, volunteers should familiarize themselves with all participants moving and handling plan before accessing activity.</p> <p>Participants who require a hoist should be hoisted in tandem to their moving and handling plan in conjunction with the carer.</p> <p>Carers must be trained and experienced in dealing with the participants who are taking part in the activity.</p>	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Hyperthermia	Leaders and participants	<p>Dress appropriately for conditions</p> <p>Be prepared with extra fluids</p> <p>Avoid prolonged periods in direct sun</p>	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Sunburn	Leaders and participants	<p>Participants are advised to bring UVA protection. and use UVA protection on sunny days</p> <p>Avoid prolonged periods in direct sun</p>	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	
Falling into water	Leaders, participants and spectators	Wear BA when close to the water's edge.	Continue to monitor and advise accordingly	All event volunteers	Ongoing at all events	

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Office use only (to be completed by a risk assessment checker if selected for sampling)

Checked by:	L P	Position:	S e c r e t a r y	Date:	1 1 .0 1 .2 5
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Risk assessments reviewed before each event to ensure all participants are kept as safe as possible.