

Coquet Canoe Club Risk Assessment

NOTE: Before completing a risk assessment please read the guidance notes document.



Date:	27.02.24
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Assessor's Name:	Linda	Review Date:	02.25
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Description of Assessment:	Kayaking and Canoeing from the Braid
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Location Details:	Coquet Shorebase Trust, The Braid, Amble NE65 0WU
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What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to take action?	When is the action needed by?	Done
Drowning	Participants	Ensure participants are water confident Wear correctly fitting B.A.s Teach a capsize drill Good group control	Continuous training for participants	Leaders and Coaches	Ongoing	
Hypothermia	Participants	Dress appropriately for conditions Avoid unnecessary swims Educate in hypothermia awareness Perform efficient rescues Take a hot drink and spare clothes with you.	Advice from Leaders to minimise the risk	Leaders	Ongoing	
Waterborne diseases	Participants	Observe water conditions and sewage alerts Make all aware of Leptospirosis Avoid ingesting water Wash hands or use hand gel before eating.	Remind coaches about Leptospirosis and ask them to carry hand gel to share	Linda	Ongoing	

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Falling injuries	Participants	Make people aware of slippery bank, slipway etc. Wear appropriate footwear	Get slippery surface sign and attach to railings	Margaret	April 24	
Manual Handling Injuries	Leaders and participants	Teach and use correct lifting techniques Ask for assistance where necessary Take care when carrying or using paddles	Monitor and advise accordingly	Leaders and coaches	Ongoing	
Entrapment	Participants	Teach a capsize drill Check footrests cannot trap feet Check footwear for loose laces etc	Monitor as participants are preparing to go on the water	Leaders and Coaches	Ongoing	
Breakage	Leaders and participants	Inspect Equipment before use	Damaged equipment stored in the workshop until fixed	Everyone	Ongoing	
Hyperthermia	Leaders and participants	Dress appropriately for conditions Be prepared with extra fluids Avoid prolonged periods in direct sun	Further advice from the group leader before going on the water.	Leaders and Participants	Ongoing	
Sunburn	Leaders and participants	Ensure students wear hat, shirt, sunscreen Avoid prolonged periods in direct sun	Monitor participants before going on the water, advise accordingly	Leaders and coaches	Ongoing	
Collision	Leaders and participants	Be aware of other craft Agree with other groups areas of operation Good Group Control	Monitor while on the water	Leaders and Coaches	Ongoing	
Falling into water	Leaders, participants and spectators	Wear BA when close to the water's edge.	Give continuous advice during the session	Everyone	Ongoing	

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Office use only (to be completed by a risk assessment checker if selected for sampling)

Checked by:		Position:		Date:	
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